



Grief Therapy Group (*Space is LIMITED!*)

When: Tuesday Evenings beginning when we have assembled the group
Meets every other week – 8 sessions total

Time: 6 pm to 7:15 pm (EST)

Where: Via Zoom (Online)

Healing and Living after your loss...

Please join us for an 8 Week Group Therapy Program where we will discuss your current experiences and life after the death of your loved one...with a focus on your healing.

What will these sessions provide you?

- A comfortable, supportive environment where you can discuss your loved one with others in a similar situation, who will be sympathetic to your current experience.
- A trained professional who can help you unravel your mixed emotions, thoughts, and feelings and how to move forward with your best life.
- Comfort, encouragement, and support to help you live a healthy, happy life beyond the time with your loved one.

The program will be run by Dr. Corinne Smorra, DSW, MSW, LCSW.

Dr. Smorra is a licensed Clinical Social Worker in the states of Alabama, Colorado, Florida, Georgia, Kansas, Massachusetts, Michigan, New Jersey, Pennsylvania, Iowa, and Texas. She has extensive grief counseling experience ranging from end of life to bereavement. For more about Dr. Smorra, and her background please visit <https://www.linkedin.com/in/dr-corinne-smorra-dsw-msw-lcsw-439a9ba/> or <https://heartandmindcounseling.com/about-corinne/>

Cost: This is an 8-week program which costs \$45 per session **excluding** materials. Please contact Marc Seguin call/text (248) 505-8620 or email mseguin@heartandmindcounseling.com for payment options.

Please call/text (707) 815-0374, or email csmorra@heartandmindcounseling.com if you have additional questions. **Sign up NOW - Space is LIMITED!**